

# SUPPORTING GROUP: TBAs

*Ideal Behavior:* Function as a “link care provider” – link women and families to the closest source of skilled obstetric care for all births (normal births and obstetric complications & emergencies)

Stages of Change			Indicators	Survey Questions
<b><i>I. Pre-contemplation</i></b>	<ul style="list-style-type: none"> <li>▪ <b>Unaware</b> Hasn't thought about need to change behavior</li> </ul>	<ul style="list-style-type: none"> <li>▪ Is not aware that all births need link to skilled attendance</li> </ul>	<i>% not aware of need for “link care provider”</i> <i>% not aware that normal births need skilled care</i> <i>% not aware that ob complications need skilled care</i>	
<b><i>II. Contemplation</i></b>	<ul style="list-style-type: none"> <li>• <b>Resistor</b> Aware, unwilling to change behavior</li> <li>• <b>Neutral</b> Aware, no opinion on behavior change</li> <li>• <b>Uncommitted</b> Aware, willing to consider behavior change, but has not decided</li> </ul>	<ul style="list-style-type: none"> <li>• Aware that link to skilled attendance can improve birth outcomes for all women</li> <li>• Knows “link care provider” role but feels that it will displace her traditional position and respect, and income</li> <li>• Does not believe that skilled attendance is necessary for most births</li> <li>• Recognizes importance and benefits of new role as “link care provider” and feels positive about role, but waiting to see if necessary / forced / others agree</li> </ul>	<i>% aware of need for link care provider</i> <i>% aware that normal births need skilled care</i> <i>% aware that ob complications need skilled care</i> <i>% not positive toward being a link care provider</i> <i>% neither positive nor negative toward being a link care provider</i>  <i>% positive toward being a link care provider</i>	
<b><i>III. Decision</i></b>	<ul style="list-style-type: none"> <li>• <b>Intender/Procrastinator</b> Has decided to adopt new behavior but has not taken any specific actions toward change</li> </ul>	<ul style="list-style-type: none"> <li>▪ Agrees with “link care provider” role and working on how to transition</li> </ul>	<i>% intending to act as “link care provider” in next month</i>	
<b><i>IV. Action</i></b>	<ul style="list-style-type: none"> <li>▪ <b>Planner</b> Has decided to adopt behavior and begun specific planning toward behavior change</li> <li>▪ <b>Doer/ Attempted</b> Has decided to adopt behavior and has tried the behavior but encountered barriers, did not succeed</li> <li>▪ <b>Doer/ Successful</b> Has decided to adopt behavior and has implemented/performed the behavior successfully</li> </ul>	<ul style="list-style-type: none"> <li>▪ Plans to act as a “link care provider” to support women to seek skilled attendance for all births</li> <li>▪ Attempts to serve as a “link care provider” to support all women to seek skilled care for childbirth, but is not successful</li> <li>▪ Functions as a “link care provider” to support all women to seek skilled care for childbirth, but is not successful</li> </ul>	<i>% have taken steps to be link care provider</i> <i>% discussed being a link care provider with others</i>  <i>% function as link care provider (less than 6 months, less than 2 births?)</i>	

<b>V. Maintenance</b>	<ul style="list-style-type: none"><li>▪ <b>Repeater</b> Performs the behavior again at next opportunity</li><li>▪ <b>Advisor</b> Recommends behavior to friends, peers, others</li></ul>	<ul style="list-style-type: none"><li>▪ Continues to function as a “link care provider”</li><li>▪ Advises other TBAs and pregnant women and families about link care providers</li></ul>	% have functioned as link care provider more than 6 months, more than ____ births?)	
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