

SUPPORTING GROUP: HUSBANDS

Ideal Behavior: Support women to seek timely obstetric care from skilled provider for all births (normal births and obstetric complications and emergencies)

Stages of Change			Indicators	Survey Questions
I. Pre-contemplation	<ul style="list-style-type: none"> Unaware Hasn't thought about need to change behavior 	<ul style="list-style-type: none"> Is not aware that timely use of skilled care is necessary for all births Is not aware of husbands' role in wife reaching skilled care 	<p>% never thought about bp</p> <p>% never thought about use of skilled care for normal births</p> <p>% never thought about use of skilled care for obstetric (ob) complications</p> <p>% not aware of need for bp, skilled care for normal births, and skilled care for ob complications</p>	
II. Contemplation	<ul style="list-style-type: none"> Resistor Aware, unwilling to change behavior Neutral Aware, no opinion on behavior change Uncommitted Aware, willing to consider behavior change, but has not decided 	<ul style="list-style-type: none"> Aware that could be a problem in getting to skilled care in time, and aware of husbands' role in reaching skilled care, but... Believes that may not help (may be too late) Fears cannot pay costs Thinks too difficult Recognizes that there is a problem, but waits until there is clearly an emergency to support care-seeking 	<p>% aware of need for bp, skilled care for normal births, and skilled care for ob complications</p> <p>% not positive toward need for skilled care</p> <p>% neither positive nor negative toward need for skilled care</p> <p>% would consider bp, skilled care for normal births, use of skilled care for ob complications</p>	
III. Decision	<ul style="list-style-type: none"> Intender/Procrastinator Has decided to adopt new behavior but has not taken any specific actions toward change 	<ul style="list-style-type: none"> Thinks he will support the woman to seek timely obstetric care from skilled provider, but has not taken any steps 	<p>% intending to support seeking skilled care</p>	
IV. Action	<ul style="list-style-type: none"> Planner Has decided to adopt behavior and begun specific planning toward behavior change Doer/ Attempted Has decided to adopt behavior and has tried the behavior but encountered barriers, did not succeed Doer/ Late Doer/ Successful Has decided to adopt behavior and has implemented/performed the behavior successfully 	<ul style="list-style-type: none"> Plans to support skilled care seeking: <ul style="list-style-type: none"> Gave prior approval to family to seek in absence Set aside cash to pay for transport and fees Arranged for skilled attendance Arranged for transport to facility Attempted to support the woman to reach (and use) skilled care for birth, but she does not Attempted to support the woman to reach (and use) skilled care for birth, but started too late Supports the woman to reach (and use) skilled care for birth 	<p>% able to name steps (when, how) have taken to seek skilled care for next birth</p> <p>% discussed with family</p> <p>% with funds set aside for fees</p> <p>% arranged transport</p> <p>% given woman prior approval to seek</p> <p>% last births in household that were attended by skilled care& supported by husband</p>	

V. Maintenance	▪ Repeater Performs the behavior again at next opportunity	▪ Continues to support women to reach skilled care for every birth	<i>% have helped woman or women reach skilled care for every birth in household</i>	
	▪ Advisor Recommends behavior to friends, peers, others	▪ Shares plans and advice about planning for skilled attendance at every birth with other husbands	<i>% advised other husbands about planning for skilled attendance at every birth</i>	