

SUPPORTING GROUP: HUSBANDS

Ideal Behavior: Support women to seek timely obstetric care from skilled provider for all births (normal births and obstetric complications and emergencies)

Stages of Change			Indicators	Survey Questions
I. Pre-contemplation	<ul style="list-style-type: none"> • Unaware Hasn't thought about need to change behavior 	<ul style="list-style-type: none"> ▪ Is not aware that timely use of skilled care is necessary for all births ▪ Is not aware of husbands' role in wife reaching skilled care 	<p><i>% never thought about bp</i> <i>% never thought about use of skilled care for normal births</i> <i>% never thought about use of skilled care for obstetric (ob) complications</i> <i>% not aware of need for bp, skilled care for normal births, and skilled care for ob complications</i></p>	
II. Contemplation	<ul style="list-style-type: none"> • Resistor Aware, unwilling to change behavior • Neutral Aware, no opinion on behavior change • Uncommitted Aware, willing to consider behavior change, but has not decided 	<ul style="list-style-type: none"> ▪ Aware that could be a problem in getting to skilled care in time, and aware of husbands' role in reaching skilled care, but... ▪ Believes that may not help (may be too late) ▪ Fears cannot pay costs ▪ Thinks too difficult ▪ Recognizes that there is a problem, but waits until there is clearly an emergency to support care-seeking 	<p><i>% aware of need for bp, skilled care for normal births, and skilled care for ob complications</i> <i>% not positive toward need for skilled care</i> <i>% neither positive nor negative toward need for skilled care</i></p> <p><i>% would consider bp, skilled care for normal births, use of skilled care for ob complications</i></p>	
III. Decision	<ul style="list-style-type: none"> • Intender/Procrastinator Has decided to adopt new behavior but has not taken any specific actions toward change 	<ul style="list-style-type: none"> ▪ Thinks he will support the woman to seek timely obstetric care from skilled provider, but has not taken any steps 	<p><i>% intending to support seeking skilled care</i></p>	
IV. Action	<ul style="list-style-type: none"> ▪ Planner Has decided to adopt behavior and begun specific planning toward behavior change ▪ Doer/ Attempted Has decided to adopt behavior and has tried the behavior but encountered barriers, did not succeed ▪ Doer/ Late ▪ Doer/ Successful Has decided to adopt behavior and has implemented/performed the behavior successfully 	<ul style="list-style-type: none"> ▪ Plans to support skilled care seeking: <ul style="list-style-type: none"> • Gave prior approval to family to seek in absence • Set aside cash to pay for transport and fees • Arranged for skilled attendance • Arranged for transport to facility ▪ Attempted to support the woman to reach (and use) skilled care for birth, but she does not ▪ Attempted to support the woman to reach (and use) skilled care for birth, but started too late ▪ Supports the woman to reach (and use) skilled care for birth 	<p><i>% able to name steps (when, how) have taken to seek skilled care for next birth</i> <i>% discussed with family</i> <i>% with funds set aside for fees</i> <i>% arranged transport</i> <i>% given woman prior approval to seek</i></p> <p><i>% last births in household that were attended by skilled care & supported by husband</i></p>	

V. Maintenance	<ul style="list-style-type: none"> ▪ Repeater Performs the behavior again at next opportunity ▪ Advisor Recommends behavior to friends, peers, others 	<ul style="list-style-type: none"> ▪ Continues to support women to reach skilled care for every birth ▪ Shares plans and advice about planning for skilled attendance at every birth with other husbands 	<p><i>% have helped woman or women reach skilled care for every birth in household</i></p> <p><i>% advised other husbands about planning for skilled attendance at every birth</i></p>	
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