

SUPPORTING GROUP: TBAs

Ideal Behavior: Function as a “link care provider” – link women and families to the closest source of skilled obstetric care for all births (normal births and obstetric complications & emergencies)

Stages of Change			Indicators	Survey Questions
I. Pre-contemplation	<ul style="list-style-type: none"> ▪ Unaware Hasn't thought about need to change behavior 	<ul style="list-style-type: none"> ▪ Is not aware that all births need link to skilled attendance 	<p><i>% not aware of need for “link care provider”</i> <i>% not aware that normal births need skilled care</i> <i>% not aware that ob complications need skilled care</i></p>	
II. Contemplation	<ul style="list-style-type: none"> • Resistor Aware, unwilling to change behavior • Neutral Aware, no opinion on behavior change • Uncommitted Aware, willing to consider behavior change, but has not decided 	<ul style="list-style-type: none"> • Aware that link to skilled attendance can improve birth outcomes for all women • Knows “link care provider” role but feels that it will displace her traditional position and respect, and income • Does not believe that skilled attendance is necessary for most births • Recognizes importance and benefits of new role as “link care provider” and feels positive about role, but waiting to see if necessary / forced / others agree 	<p><i>% aware of need for link care provider</i> <i>% aware that normal births need skilled care</i> <i>% aware that ob complications need skilled care</i> <i>% not positive toward being a link care provider</i> <i>% neither positive nor negative toward being a link care provider</i></p> <p><i>% positive toward being a link care provider</i></p>	
III. Decision	<ul style="list-style-type: none"> • Intender/Procrastinator Has decided to adopt new behavior but has not taken any specific actions toward change 	<ul style="list-style-type: none"> ▪ Agrees with “link care provider” role and working on how to transition 	<p><i>% intending to act as “link care provider” in next month</i></p>	
IV. Action	<ul style="list-style-type: none"> ▪ Planner Has decided to adopt behavior and begun specific planning toward behavior change ▪ Doer/ Attempted Has decided to adopt behavior and has tried the behavior but encountered barriers, did not succeed ▪ Doer/ Successful Has decided to adopt behavior and has implemented/performed the behavior successfully 	<ul style="list-style-type: none"> ▪ Plans to act as a “link care provider” to support women to seek skilled attendance for all births ▪ Attempts to serve as a “link care provider” to support all women to seek skilled care for childbirth, but is not successful ▪ Functions as a “link care provider” to support all women to seek skilled care for childbirth, but is not successful 	<p><i>% have taken steps to be link care provider</i> <i>% discussed being a link care provider with others</i></p> <p><i>% function as link care provider (less than 6 months, less than 2 births?)</i></p>	

V. Maintenance	<ul style="list-style-type: none"> ▪ Repeater Performs the behavior again at next opportunity ▪ Advisor Recommends behavior to friends, peers, others 	<ul style="list-style-type: none"> ▪ Continues to function as a “link care provider” ▪ Advises other TBAs and pregnant women and families about link care providers 	(% have functioned as link care provider more than 6 months, more than ___ births?)	
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