

IN-DEPTH INTERVIEW WITH WOMAN WHO HAS DELIVERED IN PAST 6 MONTHS

Respondent ID:	
Name:	
Address/Location:	
Delivery Date (approx.)	1 2 3 4 5 6 months ago
Normal Delivery:	Yes No (if no, consider this respondent for complications narrative interview)
Distance to closest BEOC facility (near/far):	
Parity:	
Location of prior births (facility/home):	
Closest CEmOC referral facility (near/far):	
Nearest TBA:	
Distance of TBA's home to woman's home (near/far):	
Distance of TBA's home to closest referral facility (near/far):	

New Mother Ideal Behaviors:

- Actively participate in household birth preparedness activities.
- Initiate/participate in dialogue with family members about all aspects of advance planning for skilled attendance (see sub-behaviors).
- Seek/receive timely, appropriate obstetric care from skilled provider.
- Seek/receive timely appropriate emergency obstetric care from skilled provider.
- Seek/receive timely, appropriate early postpartum care (first 1-2 weeks after birth) from skilled provider.
- Seek/receive focused antenatal care from skilled provider (emphasis on anemia/pre-eclampsia/birth preparedness).
- Accept, utilize, and promote "link care provider."

Research Objectives:

Overall Objectives:

To identify factors that contribute to current maternal careseeking behaviors, with a focus on childbirth and the early postpartum period, and determine amenability of these behaviors to change.

To test the acceptability of key concepts and recommended behaviors related to increasing skilled attendance, and determine the specific conditions of acceptability.

To document social networks and communication channels that facilitate rapid dissemination of information about, and adoption of, improved practices.

Specific Objectives:

1. Document preparations that women and families currently make for birth and new baby (including traditional preparations); identify family and community members involved in preparing for birth and early postpartum, and what role they play in care seeking decision making during and after childbirth.
2. Determine the level of autonomy of women, freedom of movement to access skilled care if they prefer it, relative contribution of woman herself in decision making and initiation of action for skilled care seeking behaviors.
3. Identify factors that influence preferred birth location/birth attendant; document reasons for differences between preferred/intended/actual birth attendant and actual birth location; determine woman's perceptions of "skilled providers" vs. traditional providers.
4. Explore perceived consequences of delivering with "skilled providers" vs. traditional providers.
5. Identify factors that influence high utilization rates for formal antenatal care/ low skilled attendance at birth/extremely low skilled attendance during early postpartum; compliance with treatment and referral.
6. Explore knowledge of and attitudes toward obstetric complications and emergencies; perceived causes of and treatment for obstetric emergencies; perceived personal risk/susceptibility; current advance preparation for possibility of obstetric complications.
7. "Concept test" proposed repositioning of TBAs (and skilled providers): Explore the acceptability of new role of TBA as "link care provider" in support role compared to current role of TBA as primary care provider.
8. Identify current and potential sources of social support for preparing for birth, during birth and early postpartum; currently used and preferred information sources of women for information on birth and early postpartum; current and potential social networks of WRA, and pregnant/recently delivered women.

QUESTIONS PER TOPIC AREA

Birth Preparedness

Notes for the Interviewer

Key ideas to explore:

- *Type of preparations for routine birth made?*
 - *Type of preparations for possible complications, if any?*
 - *Who helps in planning and getting ready for birth?*
 - *What is the specific role of each person involved?*
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- What did you do to prepare for birth and a new baby (including traditional preparations)?
 - Do most women and families do this? Why/why not?
 - Who helped you in planning for birth? What did each person do? When?
 - Is this who usually helps women and families here? Why/why not?
 - Sometimes even if a pregnancy is normal, there can be problems during birth. Do you know any problems that can happen during birth, or following birth?
 - Did you do anything to prepare in case of some problems at birth, even if the pregnancy was normal? If yes, what did you and your family do? When did you do this?
 - Do most women do the same? Why/why not?

Skilled Childbirth Attendance

Notes for the Interviewer

Key ideas to explore:

- *Dialogue before birth about birth location and birth attendant? Who participates in the dialogue? Who decides?*
- *Relative contribution of the woman herself?*
- *Preferred birth location/birth attendant? Why? Did she give birth there? With that person? Why/ why not?*
- *What makes a provider “skilled” vs. traditional providers? (specific terms and concepts that define perceived skill, perceived quality of care of TBAs/skilled providers)*
- **Real and perceived costs and consequences of birth at home and birth with skilled attendant?**
- *What is the level of autonomy of women, freedom of movement to access skilled care if they prefer it?*

- Please tell me about your last birth. Where did you give birth? Who attended? Was it the same for previous births?
- For your last birth,
 - Did you make the decisions about where you would give birth and who would attend? If not, who made the decisions? When?
 - Who helped you during your labor? During the birth (at the moment the baby was born)? What did they do to help? Why?
 - Who else was with you at birth? What did they do? Why?
 - Were there things you liked about the care you received from ----- who helped you give birth? What things? Why?
 - Were there some things you did not like? What things? Why?
 - Are there some things you might do differently for your next birth? What things and why?
 - What would you recommend to your friends who will give birth soon? Why?
- Where do most women that you know prefer to give birth? Why?
- Who do women prefer to care for them during the birth, to deliver the baby? Why? Do women want anyone else there at the birth? If yes, who?
- Do you also prefer these places and attendants? If you prefer to give birth with a skilled attendant at the health center or hospital, are you able to go there to have the baby? Why/why not? Is there someone you would have to ask? Would this be easy or difficult?
- *[If she does not prefer skilled attendance, ask:]* What would make you want to use skilled attendance at birth?
- *[If she prefers skilled attendance, ask:]* Are there particular skilled providers in the community or particular facilities that you would like to use? Why? Are there some that you would not like to use? Why?
- Is it the woman who usually makes these decisions about where and with whom to give birth? Who else? What are some of the things that women think about when they decide on these things? When are these decisions made?
- In your opinion, what is different about delivering with a TBA and a skilled attendant? What good things can happen when a woman delivers with a TBA? What bad things can happen? Why are they bad?
- What good things can happen when a woman delivers with a skilled attendant? What bad things can happen? Why are they bad?

Skilled Care for Obstetric Emergencies

Notes for the Interviewer

Key ideas to explore:

- *What do women know about obstetric complications?*
- *What are the perceived causes of and treatment for each?*
- *What is the perceived personal risk/susceptibility to each?*
- *What is their perception of emergency care providers?*
- *Do women currently make any advance preparation specifically for the possibility of complications? What type of preparation?*

We talked briefly before about problems that can happen during birth. Remember, you told me some problems you knew about. Let's talk about that some more.

- Those problems, tell me again which ones you have heard about. [*For each problem she mentions spontaneously, ask:*]
 - Is that a serious problem? Why/why not?
 - Did you yourself ever have that problem in any of your births?
 - Do you think you might ever have that kind of trouble? Why/why not?
 - Do you know anyone who had that problem?
 - Do you know what causes that problem to come?
 - What can happen to the woman who has this problem?
 - What do people usually do when that problem happens? Why?
- When a woman goes for treatment of a birth problem at a facility, what happens? Are they prepared for birth emergencies there? How well do they take care of birth emergencies? Do women have to wait long? Why?
- Would you like to get care there in case of any birth problems? Why/why not? Would your friends?
- Do they welcome women from your village when they come to the facility for birth problems? Why/why not?

Early Postpartum Care

Notes for the Interviewer

Key ideas to explore:

- *Current traditional practices during the first two weeks after birth?*
- *Are women able to leave home after birth?*
- *Perceived need for routine early postpartum care after normal birth? Skilled care or traditional care?*
- *Perceived need for early postpartum care if complications are detected in mother or newborn? Skilled care or traditional care?*
- *Where does this care currently take place, what other location could it take place?*
- *Preferred provider for EPP care?*

We talked about preparing for birth, and about giving birth. Now I would just like to ask you a few more questions about the time right after birth.

- Is there a special name for that time, the few days right after birth? If yes, how long does it last?
- Is there a special name people use to call the woman during that time? For the new baby?
- Did anyone come in to help you, or your new baby, **right after** you gave birth? Who, what did they do, where was this?
 - How soon after did they come?
 - Did someone call them to come?
 - Who else came to see you and the baby during the week or two after birth? Why, for what?
 - Are there any types of people who were not allowed to visit you after birth? Why?
- Did you get a health check up right after birth? If yes, from whom? Where was this? What happened in the check up? If you have another baby, would you want this person or a different person to give you a check up after birth?
 - [*If she does not mention a skilled provider, ask:*] What could help you use a skilled provider in the time right after birth?
- Were there special things that you or your family did for yourself as a new mother during the first days and weeks after birth? What, when, why?
- Were there special things that you or your family did for your baby during this time? If so, who did it? What, when, why?
- Could you leave the house during the first days after birth? Why/why not? When did you leave?
- What if there were a problem with the woman during that time such as (*give example of OB problem*), could a woman leave the house then? Why/why not?
 - If a woman can't leave the house, then what would a woman with problems after birth do? Who helps them? How? Where?
 - Who do new mothers tell if they think there is a problem after birth?
- What if there is a problem with the baby during that time such as (*give example of neonatal problem*), can a woman leave the house then? Why/why not?

TEST CONCEPT: Link Care Provider

Notes for the Interviewer

Key ideas to explore:

- *Would the woman consider/accept new role of TBA or other traditional health care provider as “link care provider” in support role compared to primary childbirth care provider now? Why/ why not?
[Be sure to tell the woman that the skilled attendant can be in her home or can be in clinic/facility.]*

For women who reply “TBA (or other traditional provider) delivered me”:

- You told me that you used a TBA for your last birth. Would you consider using a skilled attendant (*define this for her*) for your next birth? Why/ why not?
- What are some reasons why you would be willing to change? Would not be willing to change?
- We have been thinking that now, in these times, TBAs could be useful to help all women get to a place where skilled childbirth care is available, instead of actually overseeing the birth of the baby herself.
- What do you think about this?
- Would that work? Why/why not?
- What would your friends and family think? Why?
- Do you think it would be easy or difficult to encourage?
- Right now, do TBAs get paid to attend a birth? How much? Do you think families should pay TBAs who help in the birth by getting the woman they stay with to a skilled attendant, but do not actually oversee the birth of the baby?

Social Support/Social Networks/ Communication Channels

Notes for the Interviewer

Key ideas to explore:

- *Sources of social support for preparations before birth, and during birth and early postpartum? Additional support would women like?*
- *Sources of information on birth and early postpartum? What are women told about childbirth?*
- *Level of comfort discussing birth-related topics with husband, mother, mother-in-law, and skilled or traditional obstetric care providers? How could dialogue be improved?*
- *Are sources of information on birth and postpartum different from sources **during***

pregnancy? Are preferred sources different than those for other types of health information? Why?

- *Social networks of recently delivered women?*
- *Changes in networks during pregnancy/birth/postpartum?*
- *How can we tap into the identified social networks to rapidly spread information and change behaviors about skilled attendance?*
- *Other appropriate communication channels?*

We have talked about some of this already, but I want to ask you again to be sure about the people women talk to about childbirth.

- **While you were pregnant**, was there someone you talked to about the birth?
- When was the first time you talked to someone about the birth? Who was the first person you talked to? What did you talk about?
- Was there someone you talked to about birth and the days and week right after birth? Was this a different person than who you talked to while you were pregnant?
- Were there particular things you wanted to know about pregnancy or birth? Could they answer your questions? If no, whom else did you ask to try and find out?
- Do you wish you knew more about birth before you actually gave birth?
- What are women told about childbirth? What to expect, what is normal, what is good to do/bad to do, and by whom?
- Are you comfortable discussing birth-related topics with your husband? Mother? Mother-in-law? Skilled or traditional obstetric care providers? Friends? Who else?
- Is there a way that things could change so that it would be easier for women to talk to these people about birth? How could dialogue be improved?
- When you go out of the house each day, where do you usually go? How often do you usually go out each week? Do you go out alone or with others? Who else? What do you usually do, or talk about when out with others?
- Is this the same when you are not pregnant or if you are pregnant? Why/why not?
- Are there groups that women attend? Do these change when women are pregnant and give birth? Is this what you do?
- What activities are women involved with? Is this what you do?
- How else can women get information about childbirth and health?
- Do you listen to the radio? How often? What times? What programs are your favorites? Do you ever talk with others about what you hear on the radio?
- Do you read or look at any newspapers or magazines? How often? Which ones?

ANC

Notes for the Interviewer

Key ideas to explore:

- *Specific terms and concepts associated with ANC (example: perceived as for the health of the mother or the health of the baby) compared to skilled birth attendance*

As the very last thing I want to talk about with you today, I want to ask you if you can remember about the ANC for your last birth.

[If the woman did not mention ANC in birth preparedness section above, ask:]

- Did you go to ANC? Why/why not? How many times? When? Where?
- Did someone tell you to go? If no, how did you know to go during pregnancy?
- Do you think this is usual for other women in your community? Why/why not?
- Why do you think women go to clinics and facilities to seek skilled antenatal care?
- Some women go to ANC, but then do not use skilled attendants for birth? Why do you think that is?

Thank you.